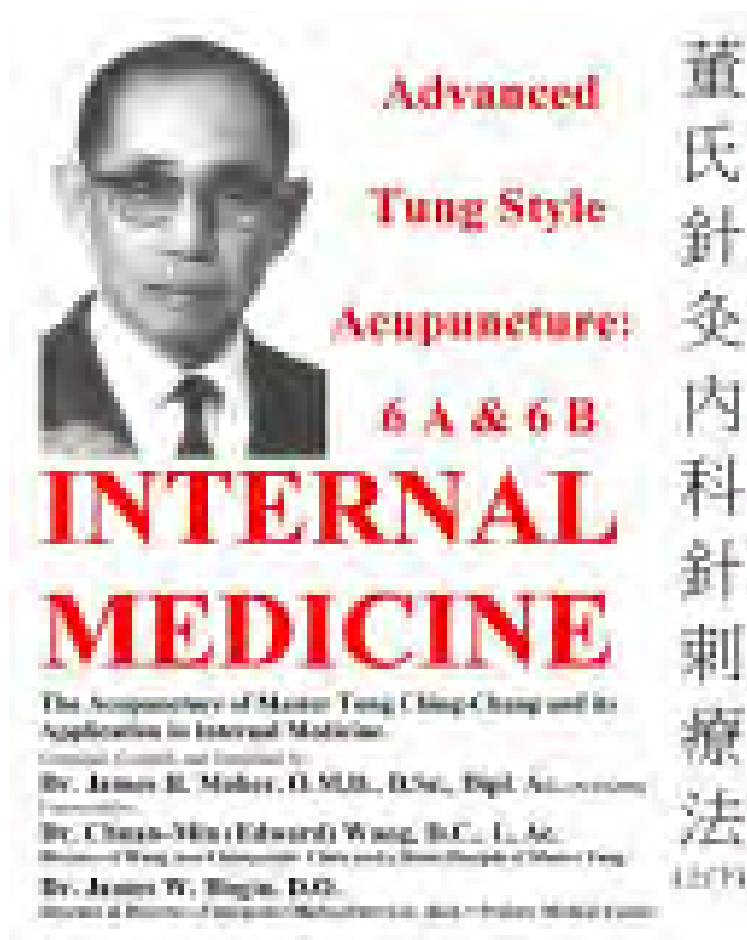




James H. Maher Advanced Tung Style Acupuncture Vol 6: 6B Internal Medicine



zum Bestellen [hier klicken](#)

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Abdominal Distention – 1 (LCH)

1. Needle DMG 22-01 'Palm Knee Three Needles', Ling² Gu³, and Da⁴ Bai² (LCH):

- DMG 22-01 'Palm Knee Three Needles':

- Tu³ Shui³ Er⁴: This point is located on the thenar eminence of the palm of the hand, 1.0 *cun* proximal to the head of the 1st metacarpal bone; Needle 0.2 to 0.5 *cun*. {Spleen Branch and Kidney Branch Reaction Areas}
- Tu³ Shui³ Yi¹: This point is located on the thenar eminence of the palm of the hand and is found 0.5 *cun* distal to Tu³ Shui³ Er⁴; Needle 0.2 to 0.5 *cun*. {Spleen Branch and Kidney Branch Reaction Areas}
- Tu³ Shui³ San¹: This point is located on the thenar eminence of the palm of the hand and is found 0.5 *cun* proximal to Tu³ Shui³ Er⁴; Needle 0.2 to 0.5 *cun*. {Spleen Branch and Kidney Branch Reaction Areas}



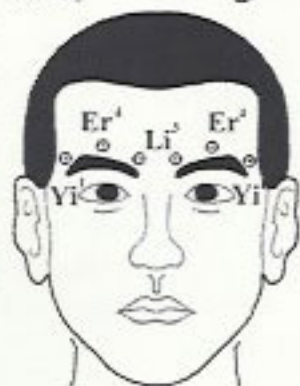
DMG 22-01

- Ling² Gu³: This point is found on the dorsum of the hand, immediately distal to the articulation of the bases of the 1st and 2nd metacarpal bones; Needle 1.5 to 2.0 *cun*, i.e. needle through to connect with Chong² Xian¹. {Lung Branch Reaction Area} **CONTRAINDICATED IN PREGNANCY.**
- Da⁴ Bai²: This point is located on the dorsum of the hand in the depression palpated at the junction of the shaft and head of the 2nd metacarpal bone; Needle 0.4 to 0.6 *cun*. {Lung Branch Reaction Area} **CONTRAINDICATED IN PREGNANCY.**

Abdominal Distention – 2 (LCH)

1. Needle Shang⁴ Li³, Si⁴ Fu³ Yi¹, Si⁴ Fu³ Er⁴, Ling² Gu³, and Da⁴ Bai² (LCH):

- Shang⁴ Li³: This point is located 0.2 *cun* superior to the medial extremity of the eyebrow; Needle subcutaneously 0.1 to 0.2 *cun*. {Lung Branch and Eye Reaction Areas}
- Si⁴ Fu³ Yi¹: This point is located 0.2 *cun* superior to the lateral extremity of the eyebrow; Needle subcutaneously 0.1 to 0.2 *cun*. {Lung Area Branch and Eye Reaction Areas}
- Si⁴ Fu³ Er⁴: This point is located 0.2 *cun* superior to the medial-lateral midpoint of the eyebrow; Needle subcutaneously 0.1 to 0.2 *cun*. {Lung Area Branch and Eye Reaction Areas}
- Ling² Gu³: This point is found on the dorsum of the hand, immediately distal to the articulation of the bases of the 1st and 2nd metacarpal bones; Needle 1.5 to 2.0 *cun*, i.e. needle through to connect with Chong² Xian¹. {Lung Branch Reaction Area} **CONTRAINDICATED IN PREGNANCY.**
- Da⁴ Bai²: This point is located on the dorsum of the hand in the depression palpated at the junction of the shaft and head of the 2nd metacarpal bone; Needle 0.4 to 0.6 *cun*. {Lung Branch Reaction Area} **CONTRAINDICATED IN PREGNANCY.**



Abdominal Distention – 1 (LKC)

1. Needle Si⁴ Hua¹ Shang⁴ and Men² Jin¹ – one may also ‘Let’ Men² Jin¹ (LKC):



Men² Jin¹

Needle & ‘Let’

- **Si⁴ Hua¹ Shang⁴:** This point is located 3.0 *cun* distal to the lateral ‘eye of the knee’, immediately lateral (i.e., closely adherent) to the anterior tibial crest at the level of ST-36^{WHO}; Needle perpendicularly 2.0 to 3.0 *cun* or ‘Let’ with a prismatic needle. {Six Bowels, Lung Branch, and Heart Branch Reaction Areas}
- **Men² Jin¹:** This point is located between the 2nd and 3rd metatarsal bones, immediately distal to the dorsal venous arch on the dorsum of the foot; i.e., the point is in a depression 0.5 *cun* distal to the articulation of the bases of the 2nd and 3rd metatarsals; Needle, with a very fine gauge needle, 0.5 *cun*. {Duodenum, Stomach Branch, and Uterus Reaction Areas}



Abdominal Distention – 2 (LKC)

1. Needle Si⁴ Hua¹ Xia⁴, Men² Jin¹, and Fu³ Chang² (LKC):

- **Si⁴ Hua¹ Xia⁴:** This point is located 5.0 *cun* distal to Si⁴ Hua¹ Zhong¹; i.e., 12.5 *cun* distal to the lateral ‘eye of the knee’, immediately lateral and adherent to the anterior tibial crest; Needle perpendicularly, with a very fine gauge needle, 0.5 to 1.0 *cun* or ‘Let’ with a prismatic needle. {Six Bowels, Six Bowels Auxiliary, Lung Auxiliary, and Kidney Auxiliary Reaction Areas}
- **Men² Jin¹:** This point is located between the 2nd and 3rd metatarsal bones, immediately distal to the dorsal venous arch on the dorsum of the foot; i.e., the point is in a depression 0.5 *cun* distal to the articulation of the bases of the 2nd and 3rd metatarsals; Needle, with a very fine gauge needle, 0.5 *cun*. {Duodenum, Stomach Branch, and Uterus Reaction Areas}

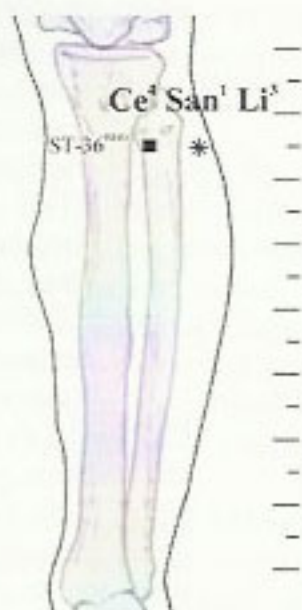
- **Fu³ Chang²:** This point is located 1.5 *cun* immediately distal to Si⁴ Hua¹ Xia⁴ on the anterior aspect of the distal leg; Needle perpendicularly, with a very fine gauge needle, 0.5 to 1.0 *cun* or ‘Let’ with a prismatic needle. {Six Bowels, Lung Auxiliary, Kidney, and Heart Organ Auxiliary Reaction Areas} (Fu³ Chang² is located 14.0 *cun* distal to the lateral ‘eye of the knee’ immediately lateral and adherent to the anterior tibial crest.)



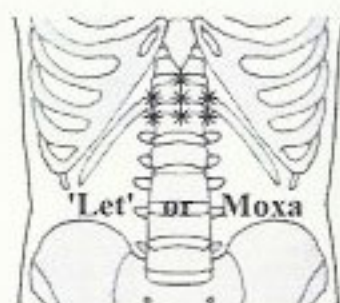
Men² Jin¹



Abdominal Pain; Pre-prandial (LKC)



Men' Jin'



Wei' Mao' Qi'

Abdominal Pain – Small Intestine Induced (HPC)

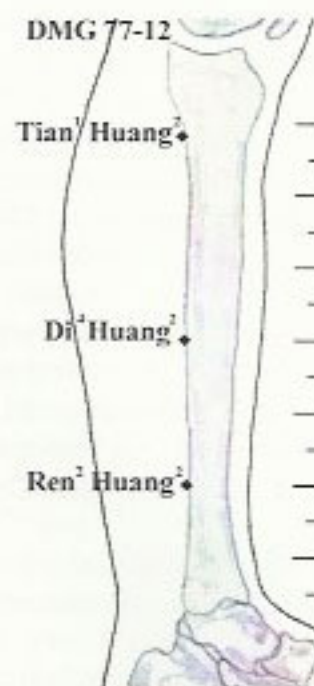
1. Needle DMG 88-07 'Upper Three Yellow' and DMG 77-12 'Lower Three Emperors' (HPC):

• DMG 88-07 'Upper Three Yellow':

- i. **Ming² Huang²**: This point is located in the exact proximal-to-distal center of the coronal plane on the medial aspect of the thigh; Needle 1.5 to 2.5 *cun*. {General Liver and General Heart Reaction Areas; shallow needling accesses the Kidney Auxiliary Reaction Area, mid-level needling accesses the Liver Reaction Area, and deep needling accesses the Heart Reaction Area}
- ii. **Tian¹ Huang²**: This point is located 3.0 *cun* immediately proximal to Ming² Huang²; Needle 1.5 to 2.5 *cun*. {General Liver and General Heart Reaction Areas; shallow needling accesses the Kidney Auxiliary Reaction Area, mid-level needling accesses the Liver Reaction Area, and deep needling accesses the Heart Reaction Area}
- iii. **Qi² Huang²**: This point is located 3.0 *cun* immediately distal to Ming² Huang²; Needle 1.5 to 2.0 *cun*. {General Gallbladder, Heart Branch, and Liver Branch Reaction Areas}

• DMG 77-12 'Lower Three Emperors':

- i. **Tian¹ Huang²**: This point is found in the depression immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle; Needle 0.5 to 1.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas} CONTRAINDICATED IN PREGNANCY; MOXA NOT APPROPRIATE.
- ii. **Di⁴ Huang²**: This point is located 7.0 *cun* proximal to the medial malleolus along the medial border of the tibia; Needle inferior to superior at a 45° angle 1.0 to 1.8 *cun*. {Kidney Reaction Area} CONTRAINDICATED IN PREGNANCY.
- iii. **Ren² Huang²**: This point is located 3.0 *cun* proximal to the medial malleolus along the medial border of the tibia. Needle 0.6 to 1.2 *cun*. {Kidney Branch Reaction Area} CONTRAINDICATED IN PREGNANCY.



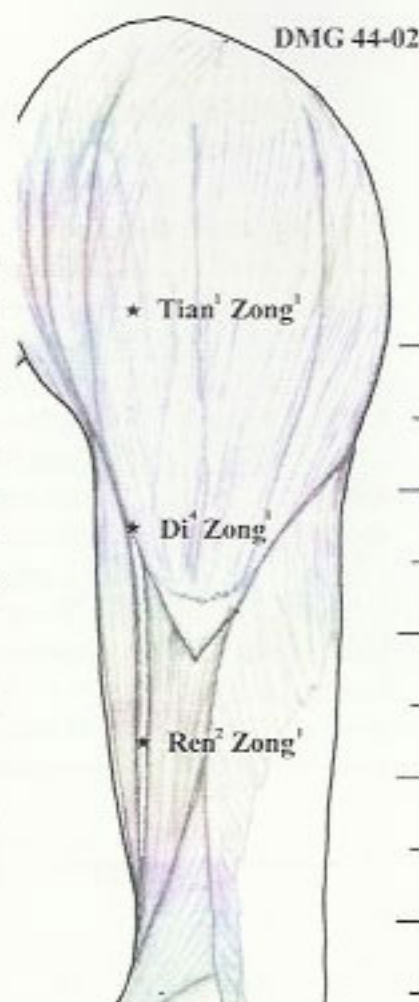
Diabetes Mellitus – 1 (CCC)

DMG 44-02

1. Needle DMG 44-02 'Brachial Three Ancestors' (CCC):

- DMG 44-02 'Brachial Three Ancestors':

- Ren² Zong¹**: This point is located in the furrow formed by the long head of the biceps brachii muscle anteriorly and the brachialis muscle (humerus) posteriorly, 3.5 *cun* proximal to the transverse cubital crease; Needle 0.5 to 2.0 *cun*. {Lung Auxiliary, Heart Branch, and Liver Auxiliary}
- Di⁴ Zong¹**: This point lies 3.0 *cun* proximal to Ren² Zong¹, in the furrow formed by the long head of the biceps brachii muscle anteriorly and the brachialis muscle (humerus) posteriorly; Needle 0.5 to 2.0 *cun*. {Lung Auxiliary, Heart Branch, and Liver Auxiliary}
- Tian¹ Zong¹**: This point is located 3.0 *cun* superior to Di⁴ Zong¹; Needle 0.5 to 2.0 *cun*. {Lung Auxiliary, Heart Branch, and Liver Auxiliary} (Tian¹ Zong¹ lies 9.5 *cun* superior to the transverse cubital crease along the course of the lateral border of the long head of the biceps brachii muscle (@ the level of the anterior axillary fold.)

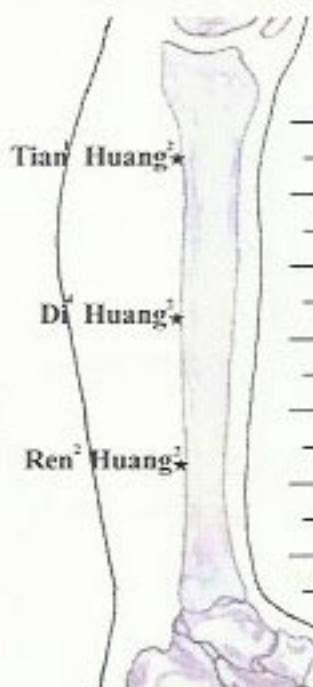


Diabetes Mellitus – 2 (CCC)

1. Needle DMG 77-12 'Lower Three Emperors' (CCC):

- DMG 77-12 'Lower Three Emperors':

- Tian¹ Huang²**: With the knee flexed, this point is located 1.0 *cun* distal to Sp-9^{WHO}, on the medial aspect of the leg, between the medial border of the tibia and the medial head of the gastrocnemius muscle; Needle 0.5 to 2.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas}
- Di⁴ Huang²**: This point is located 4 *cun* proximal to Ren² Huang²; Needle 1.0 to 2.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas} (Di⁴ Huang² lies 7.5 *cun* proximal to the apex (as viewed from posterior to anterior) of the medial malleolus on the Foot Tai⁴ Yin¹ Spleen Channel.)
- Ren² Huang²**: This point is located 3.5 *cun* proximal to the apex (as viewed from posterior to anterior) of the medial malleolus on the Foot Tai⁴ Yin¹ Spleen Channel; Needle 0.5 to 2.0 *cun*. {Kidney, Six Bowels, and Heart Branch Reaction Areas} (Ren² Huang² is located 0.5 *cun* proximal to Sp-6^{WHO}.)

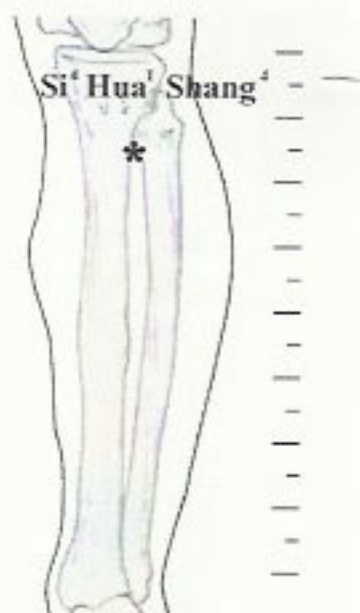


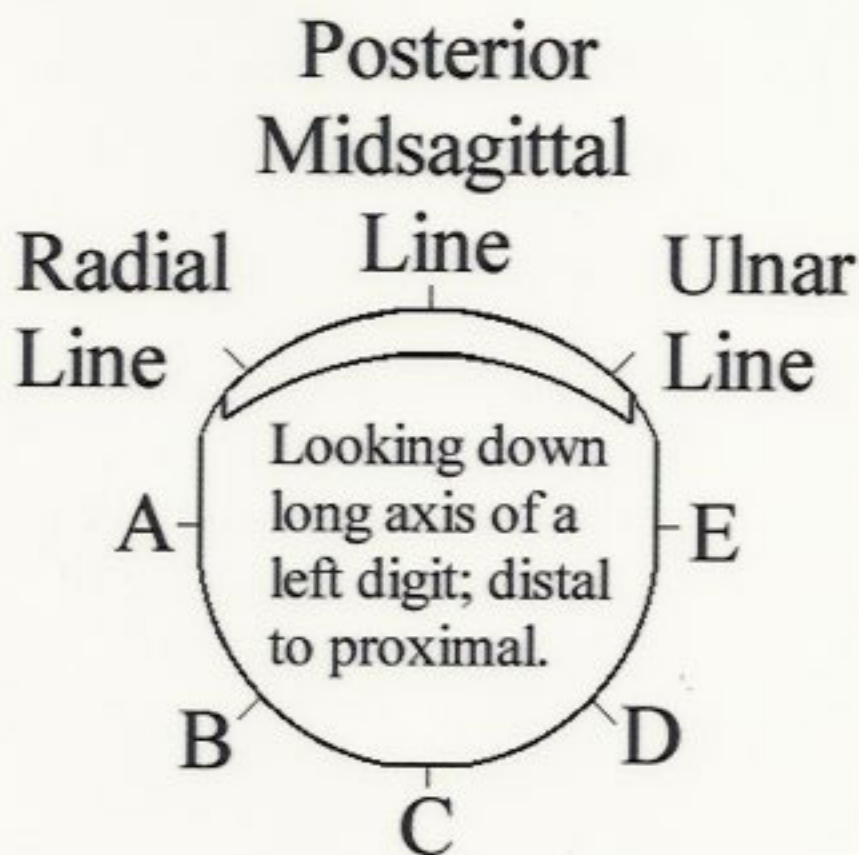
DMG 77-12

Anorexia (MC)

1. Needle Ling² Gu³, Da⁴ Bai², Men² Jin¹, Men² Jin¹ Xia⁴, and Si⁴ Hua¹ Shang⁴ (MC):

- **Ling² Gu³**: This point is found on the dorsum of the hand, immediately distal to the articulation of the bases of the 1st and 2nd metacarpal bones – this point communicates with the palmar point Chong² Xian¹; Needle 1.5 to 2.0 *cun*, i.e. needle through to connect with Chong² Xian¹. {Lung Branch Reaction Area} **CONTRAINDICATED IN PREGNANCY.**
- **Da⁴ Bai²**: This point is located on the dorsum of the hand in the depression palpated at the junction of the shaft and head of the 2nd metacarpal bone; Needle 0.5 to 1.0 *cun*. {Lung Branch Reaction Area} **CONTRAINDICATED IN PREGNANCY.**
- **Men² Jin¹**: This point is located on the dorsum of the foot in the depression found immediately distal to the articulation of the bases of the 2nd and 3rd metatarsal bones; Needle unilaterally, with a fine gauge needle, 0.5 *cun*. {Stomach Branch and Duodenum Reaction Areas} **BILATERAL NEEDLING PROHIBITED.**
- **Men² Jin¹ Xia⁴**: This point is located on the dorsum of the foot between the 2nd and 3rd metatarsal bones, 1.0 *cun* distal to Men² Jin¹; Needle unilaterally, with a fine gauge needle, 0.5 *cun*. {Stomach Branch and Duodenum Reaction Areas} **BILATERAL NEEDLING PROHIBITED.**
- **Si⁴ Hua¹ Shang⁴**: This point is located 3.0 *cun* distal to the lateral 'eye of the knee', immediately lateral [i.e., closely adherent] to the anterior tibial crest, it is in the depression between the origins of anterior tibialis and the extensor hallucis longus muscles at the level of ST-36^{WHO}; Needle perpendicularly 2.0 to 3.0 *cun* or 'let' with a prismatic needle. {Lung Branch and Heart Branch Reaction Areas}





Digit Lines

A depiction of the digit lines used to locate the points in Region One – One. The viewing reference is down the long axis of a digit on the *left* hand, from distal to proximal. The reader is reminded that the lines are reversed on the *right* hand; remember that the 'Radial Line' and 'Digit Line A' are both located on the radial side of the digit, and that all other lines are located with reference to this fact.

'Digit Lines A' (radial) and 'E' (ulnar) are located at the demarcation of the ventral and dorsal surfaces ('red and white skin'). 'Digit line C' is along the ventral midsagittal plane and the 'Posterior Midsagittal Line' is of course along the dorsal midsagittal plane. 'Digit Line B' (radial) is located midway between 'Digit Line A' and 'Digit Line C'; 'Digit Line D' (ulnar) is located midway between 'Digit Line E' and 'Digit Line C'. The 'Radial Line' is located midway between 'Digit Line A' and the 'Posterior Midsagittal Line'; the 'Ulnar Line' is located midway between 'Digit Line E' and the 'Posterior Midsagittal Line'.

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